



Breath: The Ultimate Secret to Life

M. Rose Windels

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Millions of books have been written on how to become rich and the secrets on the law of attraction. This book contains the secrets on how to outlive all the possible money in the world in a healthy, beautiful and enlightened body. With a little chance and a good breath you might be on your way to be Physically Alive Forever. The tool thereto is nothing else but your own non expensive breath you always have at hand. If you do at least 20 sessions of conscious connected breath work, or rebirthing, the art of creative living in harmony with all there is, and this with a professional Rebirther, you will learn the ultimate purification technique to live a long healthy life.

In *Breath: The ultimate secret to life* you read Marie Rose Windels' stories about her clients and rebirthing, conscious connected breathing, different purification techniques, and her vision on Being Physically Alive Forever! You meet her clients as they come in and read their super interesting stories about their experiences with the process of conscious connected breathing. She goes in depth when she talks about earth, air, water and fire as tools to keep you healthy. You get the story of a rebirthing session spiced with her philosophy about death, the philosophy of life and the eventual ultimate goal of staying Physically Alive Forever. What stops you from also being "ALIVE FOREVER"?

Leonard Orr says about her book : Rose's spiritual adventures in this book are inspiring to read. Her rendition of these great and challenging ideas will help a lot of people.

Actively practicing the purification techniques will prolong your life.

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