



Better Health with Foot Reflexology

Dwight C. Byers

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Excellent training guide to conduct the Ingham Method of Foot Reflexology on yourself and others. This is a newly revised and expanded edition with large color photos, much more educational material and there have been more foot reflexology techniques added. This book is an amazing source for one to learn about the body's functions and how all of the organs and glands can be manipulated through reflexology on the feet. Better Health With Foot Reflexology is a best-seller in the alternative health care industry today.

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