



# **A Continual Feast: A Cookbook to Celebrate the Joys of Family and Faith Throughout the Christian Year**

*Evelyn Birge Vitz*

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## **A Continual Feast: A Cookbook to Celebrate the Joys of Family and Faith Throughout the Christian Year** Evelyn Birge Vitz

A cookbook full of wonderful recipes and ideas drawn from throughout the Christian tradition, with suggestions about when, and why, these dishes might be served. It contains more than 275 recipes with which to celebrate all the holidays throughout the Christian year, as well as the many shared rituals that strengthen family bonds and enrich the significance of the day to day events of our lives. How these rituals, rites and feasts came about, how they are celebrated around the world, and how you can bring them into your home are described every step of the way. Includes wonderful illustrations.

*A Continual Feast* brings new meaning to "breaking bread together." A book to cook from and learn from, it includes: menus for holidays and every day recipes for all occasions from church picnics and Sunday suppers to birthdays, namedays, confirmations, and baptisms; wonderful cooking projects for children; recipes for Christmas giving; thoughtful suggestions on taking food to others; customs associated with many great Christian holidays from Advent through Pentecost as well as various saints days around the world; traditional meanings associated with particular foods; tips on fasting and abstinence; recipes that incorporate leftovers; quotations from the Bible and various theological and gastronomic sources; many recipes of varied ethnic origins; a wealth of Christian history and thought.

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