



# **Body Sense, Body Nonsense (Dover Children's Science Books)**

*Seymour Simon*

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*Seymour Simon*

## **Body Sense, Body Nonsense (Dover Children's Science Books) Seymour Simon**

Does an apple a day really keep the doctor away? Can you cure hiccups by holding your breath? Is it true that eating spinach makes you strong? There are countless adages about the body and what's good for it and what isn't. This whimsically illustrated book takes a playful look at more than twenty common stories and sayings and reveals which make sense and which are pure nonsense.

Hailed by *The New York Times* as "the dean of science writers," Seymour Simon presents easy-to-understand explanations of why scientists and doctors think these sayings are true or false. Although this book is intended for young readers, adults also may be interested in discovering whether or not drafts cause colds, why fish is reputed to be brain food, and how counting sheep can be a good way to fall asleep.

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Body Sense, Body Nonsense (Dover Children's Science Books) can be one of your beginning books that are good idea. Many of us recommend that straight away because this reserve has good vocabulary that can increase your knowledge in vocab, easy to understand, bit entertaining but still delivering the information. The author giving his/her effort to get every word into satisfaction arrangement in writing Body Sense, Body Nonsense (Dover Children's Science Books) nevertheless doesn't forget the main level, giving the reader the hottest as well as based confirm resource information that maybe you can be one among it. This great information can drawn you into fresh stage of crucial pondering.

#### **Richard King:**

The book untitled Body Sense, Body Nonsense (Dover Children's Science Books) contain a lot of information on the idea. The writer explains your ex idea with easy way. The language is very easy to understand all the people, so do not really worry, you can easy to read the item. The book was published by famous author. The author provides you in the new time of literary works. You can read this book because you can continue reading your smart phone, or product, so you can read the book throughout anywhere and anytime. In a situation you wish to purchase the e-book, you can open up their official web-site and order it. Have a nice go through.

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