



# Bringing Food Home: The Maine Example

*Merry Stetson Hall*

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## **Bringing Food Home: The Maine Example** Merry Stetson Hall

BRINGING FOOD HOME: THE MAINE EXAMPLE introduces its readers to a whole new paradigm: “Your farmer is an important professional in your life!” It weaves together the narrative derived from about 100 interviews with Maine’s farmers, gardeners, fisherfolk, and local food advocates. The picture that emerges reveals how small family farming in Maine has developed into an integrated ecological, economic, educational, political, philosophical, and community building phenomenon. It shows how the local food community can help to bring healing to the earth, healthful food to our tables, sanity to our economics, sustainable prosperity to our communities, and a peaceable lifestyle to humanity. It celebrates family farmers, locavores, and the support community that is springing up around local agriculture in Maine. These people form a grassroots local food network that is beginning to flourish in Maine. Together, they are regenerating authentic community.

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Playing with family inside a park, coming to see the ocean world or hanging out with friends is thing that usually you will have done when you have spare time, subsequently why you don't try thing that really opposite from that. Just one activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of knowledge. Even you love Bringing Food Home: The Maine Example, you can enjoy both. It is excellent combination right, you still need to miss it? What kind of hang type is it? Oh occur its mind hangout men. What? Still don't have it, oh come on its named reading friends.

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