



Case Studies in Couple and Family Therapy: Systemic and Cognitive Perspectives (Guilford Family Therapy)

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Featuring case presentations by many of the most distinguished practitioners of couple and family therapy, this volume brings to life the full spectrum of approaches in the field. The cases illustrate the principles and techniques of the respective approaches and allow the reader to "listen in" on highly skilled therapists at work. Editor Frank Dattilio comments on each case with a focus on ways to integrate systemic and cognitive-behavioral approaches. He suggests ways that cognitive principles might usefully be called upon at specific points. Responses from contributors consider the benefits of Dattilio's suggestions and elucidate each practitioner's decision-making process.

See also Dattilio's authored book, *Cognitive-Behavioral Therapy with Couples and Families*, which combines the empirical research base with practical clinical guidance.

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