



Hypnosis and Conscious States: The Cognitive Neuroscience Perspective

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The phenomenon of hypnosis provides a rich paradigm for those seeking to understand the processes that underlie consciousness. Understanding hypnosis tells us about a basic human capacity for altered experiences that is often overlooked in contemporary western societies. Throughout the 200 year history of psychology, hypnosis has been a major topic of investigation by some of the leading experimenters and theorists of each generation. Today hypnosis is emerging again as a lively area of research within cognitive (systems level) neuroscience informing basic questions about the structure and biological basis of conscious states. This book describes the latest advances in understanding hypnosis and similar trance states by researchers within the neuroscience of consciousness. It contains many new and exciting contributions from up and coming researchers and provides a lively debate on methodological and theoretical issues central to the development of emerging research paradigms in the neuroscience of conscious states. The book introduces and describes many of the recent new tools that have become available to researchers in this field. Academics, researchers, and clinicians wanting to develop their knowledge of the latest findings, theories and methods in the scientific study of hypnosis and related states of consciousness will find this an up to date guide to this rapidly advancing field.

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