



How to live as an emotional millionaire: Uncover the hidden riches behind resolving resentments in relationships

Alice Wiafe

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An Emotional Millionaire is a person who is committed to liberating themselves from emotional pain by working out painful or difficult relationships. The premise of this book is based on the analogy that unresolved issues with others can cause a set of chain reactions including emotional disturbances such as Anger, Addictions, Compulsions and Mood Disorders. When individuals can take conscious steps to identify their anger, explore their painful emotions, and work through it by using the practical tools in this book, they can master their emotions and begin to thrive in all areas of their lives including relationally and even financially. This book is ideal for people who suffer from Anger, Addiction, Compulsions or Mood disorders as well as those in a constant battle with fear, anxiety, aggression, depression, or even motivation to perform everyday activities? Your emotions don't have to hijack your life. This book is also a part of an online coaching program designed to help people take the journey to work through their emotional difficulties. The coaching component offers online and telephone support, weekly webinars, daily affirmations, text messaging, apps and other practical tools in addition to the book to get on the road to loving life and feeling great!

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Spent a free time and energy to be fun activity to do! A lot of people spent their spare time with their family, or their own friends. Usually they carrying out activity like watching television, about to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Do you want to something different to fill your own free time/ holiday? May be reading a book might be option to fill your free time/ holiday. The first thing that you ask may be what kinds of e-book that you should read. If you want to test look for book, may be the guide untitled How to live as an emotional millionaire: Uncover the hidden riches behind resolving resentments in relationships can be excellent book to read. May be it may be best activity to you.

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