



Extra Virgin: Cooking with Olive Oil

Clare Ferguson

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Extra virgin is the best olive oil - the cream of the crop. It's the most delicious, the most versatile, and the right oil to choose for your health. In *Extra Virgin* Clare Ferguson takes you on a culinary journey using this most inspiring ingredient - to discover its history, how it is made, how the trees are grown, how the fruit is harvested and pressed. There are double-page feature spreads on the great olive-oil-producing regions of the world from Northern and Southern Italy, Greece, and Spain to the newer estates in California, Australia, and New Zealand. For each region Clare helps you to understand the unique flavor and character of its oil. Above all, *Extra Virgin* shows you how to cook with this healthful and delicious oil. There are over 60 simple-to-prepare recipes that include Spicy Chile Clam Chowder, Provencal Roast Chicken, Catalan Spinach with Pine Nuts, and sweet treats such as Greek Honey Cake and Orange Polenta Cake, all photographed by Peter Cassidy.

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Graciela Tubbs:

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David Williams:

The reason why? Because this Extra Virgin: Cooking with Olive Oil is an unordinary book that the inside of the book waiting for you to snap the item but latter it will distress you with the secret the item inside. Reading this book next to it was fantastic author who all write the book in such awesome way makes the content within easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you for not hesitating having this any more or you going to regret it. This book will give you a lot of gains than the other book have such as help improving your talent and your critical thinking method. So , still want to postpone having that book? If I were being you I will go to the guide store hurriedly.

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