



Live In The Moment

Julie Clark Robinson

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Fresh, funny, and blatantly honest, *Live in the Moment* holds the secret to harnessing the power of the present. A practical book about creating one's own life experiences, author Julie Clark Robinson's words of inspiration will help you to create your own mental treasure chest. *Live in the Moment* is for those times when we simply need to stop allowing life's ups and downs to dictate how we feel and look to ourselves to set the tone. If you're willing to lighten up one minute, dig deep the next, and be painstakingly honest throughout, you will come away with a revitalized outlook on life.

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