



FTCE Physical Education K-12 Secrets Study Guide: FTCE Test Review for the Florida Teacher Certification Examinations

FTCE Exam Secrets Test Prep Team

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*****Includes Practice Test Questions*****

Get the test prep help you need to get the results you deserve.

The FTCE Physical Education K-12 Exam is extremely challenging and thorough test preparation is essential for success. *FTCE Physical Education K-12 Secrets Study Guide* is the ideal prep solution for anyone who wants to pass the FTCE Physical Education K-12 Exam.

Not only does it provide a comprehensive guide to the FTCE Physical Education K-12 Exam as a whole, it also provides practice test questions as well as detailed explanations of each answer.

FTCE Physical Education K-12 Secrets Study Guide includes:

- A thorough review for the Florida Teacher Certification - Physical Education K-12 Exam
- A breakdown of knowledge of the history and philosophy of physical education
- A guide to curricular theory and development of instructional strategies
- An analysis of human growth, motor development, and motor learning related to physical activity
- An examination of skill and movement principles in physical activity
- An in-depth look at health and wellness and its relationship to physical activity
- A breakdown of the laws and legislation that apply to the learning environment
- A guide to rules, strategies, and terminology
- An analysis of professional development and advocacy strategies
- An examination of technology
- Comprehensive practice questions with detailed answer explanations

It's filled with the critical information you'll need in order to do well on the test the concepts, procedures, principles, and vocabulary that the Florida Department of Education (FDOE) and National Evaluation Systems (NES) expects you to have mastered before sitting for the exam.

The Knowledge of the History of Philosophy of Physical Education section includes:

- History of Physical Education
- Contributing individuals to physical education

The Curricular Theory and Development of Instructional Strategies section includes:

- Physical education
- Psychomotor objectives
- Intervention strategies
- Individual psychology

The Human Growth, Motor Development, and Motor Learning Related to Physical Activity section includes:

- Motor control
- Basic motor pattern development
- Factors affecting motor performance
- Reflex theory

The Skill and Movement Principles in Physical Activity section includes:

- Body awareness
- Median plane of movement
- Motor ability assessments
- Locomotor movements

The Health and Wellness and its Relationship to Physical Activity section includes:

- Exercise and muscles
- Developing a personalized muscle workout
- Exercise in men vs. women

The Laws and Legislation that Apply to the Learning Environment section includes:

- Laws
- Treating various ailments
- Administering drugs

The Rules, Strategies, and Terminology section includes:

- Cooperative games
- Invasion games

The Professional Development and Advocay Strategies section includes:

- AAHPERD

The Technology section includes:

- Computer technology

These sections are full of specific and detailed information that will be key to passing the FTCE Physical Education K-12 Exam. Concepts and principles aren't simply named or described in passing, but are explained in detail. The guide is laid out in a logical and organized fashion so that one section naturally flows from the one preceding it. Because it's written with an eye for both technical accuracy and accessibility, you will not have to worry about getting lost in dense academic language.

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Mary Ayala:

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