



Circle Solutions for Student Wellbeing

Sue Roffey

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'This is a very practical guide to a teaching approach that enables children to become more powerful learners; it is also an opportunity to spend time with a big-hearted person who understands what happens for children in school and how circles can help them grow.' - *James Park, PROGRESS Director, Human Scale Education (www.progress-hse.org)*

'Grounded in contemporary research, Roffey ignites the reader's conviction that 'I can do this too!' Gifting the educator with a treasure chest of fresh, engaging, practical and applicable ideas, this book makes it possible for every teacher to build both the learning and well-being of all young people.'

- *Kerry Bird, Project Manager for Personal and Social Development Education in Catholic Education - Cairns and Brisbane*

First published as **Circle Time for Emotional Literacy**, this new edition has been updated to reflect how the Circle Solutions philosophy and pedagogy can be used to build relationships and resilience for children and young people.

Putting current research on wellbeing into practice, *Circle Solutions* addresses issues not incidents, solutions rather than problems, and strengths rather than deficits, providing a framework for student engagement and learning.

New to this edition:

- a chapter on promoting the positive: thoughts, feelings and approaches
- more anti-bullying strategies, with cyber-bullying covered explicitly
- a quick reference appendix of games
- ways of embedding *Circle Solutions* as a tool for wellbeing
- updated and expanded resources.

Activities and games included in the book promote positive communication skills, empathy and connectedness, class cohesion and co-operation, friendship skills and ethical behaviour. The book is suitable for all phases of education.

Circle Solutions in action

Watch this photo-film about Circle Solutions showing the philosophy practice and the views of teachers, students and school principals about its effectiveness.

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From reader reviews:

Tony Caldwell:

Do you have favorite book? In case you have, what is your favorite's book? Publication is very important thing for us to be aware of everything in the world. Each reserve has different aim or perhaps goal; it means that e-book has different type. Some people feel enjoy to spend their the perfect time to read a book. These are reading whatever they acquire because their hobby is reading a book. What about the person who don't like studying a book? Sometime, person feel need book whenever they found difficult problem as well as exercise. Well, probably you will want this Circle Solutions for Student Wellbeing.

Peter Mullins:

Playing with family inside a park, coming to see the water world or hanging out with good friends is thing that usually you will have done when you have spare time, then why you don't try issue that really opposite from that. One particular activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Circle Solutions for Student Wellbeing, you may enjoy both. It is excellent combination right, you still desire to miss it? What kind of hangout type is it? Oh can occur its mind hangout people. What? Still don't obtain it, oh come on its referred to as reading friends.

Marvin Boyer:

Are you kind of hectic person, only have 10 or maybe 15 minute in your day to upgrading your mind expertise or thinking skill perhaps analytical thinking? Then you are having problem with the book than can satisfy your short space of time to read it because this time you only find reserve that need more time to be go through. Circle Solutions for Student Wellbeing can be your answer since it can be read by anyone who have those short time problems.

Nancy Jones:

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