



# **The Belief Road Map: How to know yourself better and create personal philosophies to guide the way to the life of your dreams**

*Matt Gersper, Kaileen Elise Sues*

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Do you struggle with knowing where you want to go in life? This book will show how to uncover your inner beliefs and help identify your core priorities. Step-by-step, you will create personal philosophies to use as a road map to the life of your dreams.

The Belief Road Map is for anyone who has wavered in making a decision, questioned their beliefs, or wondered what to do next.

Matt Gersper is a lifelong student of cultivating a happy, healthy, and meaningful life. His company, Happy Living, is on a mission to improve the health and wellbeing of the world, one person at a time. With his daughter, Kaileen Elise Sues, Matt shares how creating your personal philosophies will give you the clarity to make wise decisions, the belief in yourself to persevere in the face of adversity, and the courage to go after your dreams.

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