



# **It's All American Food: The Best Recipes for More Than 400 New American Classics**

*David Rosengarten*

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# It's All American Food: The Best Recipes for More Than 400 New American Classics

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American food is no longer just steak, potatoes and apple pie. Over the past 50 years, dishes that were once exotic have become part of the American menu. Remember Spaghetti and Meatballs? Shrimp Egg Foo Yung? Here, for the first time, David Rosengarten has created a definitive cookbook of truly American favourites, ranging from coast to coast, back into the past, and into the cuisines that have merged with the American mainstream in recent decades. Rosengarten places authentic Cajun recipes alongside the sizzling Cuban specialities of Miami. He unveils the mystery behind Philly cheesesteak sandwiches and Maryland crab cakes. He retrieves American classics like Chicken Pot Pie and Tuna Melt from Junior League cookbooks and restores them to their glory. From breakfast where he gives us the secrets for perfect scrambled egg, bacon and hash browns, to an array of indulgent late-night desserts, David Rosengarten has written an unpretentious and accessible adoration of the American kitchen.

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