



# Alzheimer's Disease: a journey with no end

*Elizabeth "Betty" Martin*

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## **Alzheimer's Disease: a journey with no end** Elizabeth "Betty" Martin

Betty Martin's remarkable journal helped her focus on the day to day struggles as she cared for her husband, Roland, who suffered from Alzheimer's for over ten years. She watched her husband of 54 years, who was her soul mate, her first sweetheart, transition from a highly respected businessman and loving father to a helpless child who depended on her for his most basic needs. Ride the unpredictable, emotional roller coaster of this cruel disease as Betty describes the daily ups and downs with Roland. Experience those unexpected highs as she hears his heartfelt laughter, excitement, and gratitude as if he were experiencing things for the first time. Watch a man whose life revolved around the success of his business, transition to a man whose love of his family and nature become his priority. This was the time that Roland had most likely surrendered to a sense of peace in his heart while his mind was surrendering to Alzheimer's. The notion that life goes on in spite of our deepest and most demanding emotional challenges will ring true for all who have, like Betty, taken the journey with no end.

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